



系東流空手カナダ Shitoryu Karate Canada

Web: <http://www.shitokai.ca> - Email: shitoryucanada@gmail.com
77 Finch Ave East, Toronto, Ontario M2N 6H8 – Canada Tel: +1 416-402-7119

Shitoryu Karate Canada Presents

Technical Shitoryu Karate Seminar by:

Master Kyoshi Shoko Sato 8th Dan

President of Pan-American Shitoryu Karate-do Federation (PSKF)

Hosted by Shitoryu Karate Quebec & Larouche karate

May 1st and 2nd 2015



*Karate practice is related to one's heart and sincerity.
It allows the body and spirit to be united.*

It is important to continue to develop your personal capacity and to continue to achieve your goals in the art that you have chosen. It should not be forgotten that Karate is a lifestyle for each person and the most important thing in Karate is to become better.

*Shito-Ryu Karate Quebec is a dynamic organization which is always looking out for everyone's well-being. This year, it gives us great pleasure to invite **Master Kyoshi Shoko Sato** to Canada*

This Seminar is offered only to those who practice traditional Karate. You are encouraged to register as soon as possible, that is, before April 29, 2015.

The main intention of this event is a simple friendly gathering. The schedule of events for this Seminar has been considered for all participants so that their goals can be achieved.

全日本空手道連盟系東会、世界系東流空手道連盟およびパンアメリカン系東流空手道連盟と連携していることを誇りにしています。
Proudly affiliated with All Japan Karate Do Shitokai, World Shitoryu Karate Do Federation and Pan-American Shitoryu Karate Do Federation



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This will help us determine if our behaviour corresponds to our goals.

We are looking forward to seeing you at this great event May 1st 2nd 2015 for another good time.

Sensei Claude Larouche 6th Dan,

Shitoryu Karate Canada, Co-Founder & Technical Director, Shitoryu Karate Quebec

Allen Tanzadeh, Renshi 7th Dan,

Shitoryu Karate Canada, Founder & Technical Director

Pan-American Shitoryu Karate, Secretary General

World Shitoryu Karate Federation, Member of Standing Directors

Questions and more information, please contact shitoryucanada@gmail.com or *you can reach Sensei Larouche at:*
819-568-4545



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SCHEDULE OF EVENTS

Friday, May 1st, 2015 7.00 P.M. - 9.00 P.M.

Brown and Black Belt Only

Saturday, May 2nd 2015 10.00 A.M. - 12.00 P.M.

Orange Belt to Black Belt

Lunch 12.00 P.M. - 1.00 P.M.

Seminar 1.00 P.M. - 3.00 P.M.

3.00P.M to 3.30P.M. taking photos

6.30P.M Dinner

SATURDAY

Canteen services will not be available

Bring a healthy lunch

P.S. IF YOU PAY BY CHEQUE YOU MAY SEND YOUR COMPLETE PAYMENT

(post dated cheque for April 20th, 2015)

PAYABLE TO CLAUDE LAROUCHE

At the following address:

Larouche Karaté Dojo 867, St-René Blvd West, Suite 5 Gatineau, Québec, CANADA J8T 7X6



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Registration Form

- *NOM / NAME* ----- *PRÉNOM / FIRST NAME* -----
- *DOJO* ----- *AGE* -----
- *CEINTURE / BELT* ----- *FORFAIT / COST (A -D)* ----- *Total*-----

Please return with your registration



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A) Seminar for Both Days

Brown and Black Belts only	\$95.00 -----
Pre-registration before April 20 th , 2015	
<i>Juniors under 12 years old</i>	<i>\$75.00 -----</i>
<i>After April 20th, 2015</i>	<i>\$110.00 -----</i>

B) Seminar - FRIDAY ONLY

Brown and Black Belts only	
Registration before April 20 th , 2015	\$80.00 -----
<i>Juniors under 12 years old</i>	<i>\$60.00 -----</i>
<i>After April 20th, 2015</i>	<i>\$95.00 -----</i>

C) Seminar – SATURDAY ONLY Orange to Black Belts – Teens and Adults

Pre-registration before April 20 th , 2015	\$95.00 -----
<i>Juniors under 12 years old</i>	<i>\$60.00 -----</i>
<i>After April 20th, 2015</i>	<i>\$95.00 -----</i>

Private Dinner with Kyoshi Shoko Sato

The Forum Restaurant Le Forum 2nd Floor www.leforum.ca

Each Person will be responsible of their bill

815, rue Jacques-Cartier Gatineau, QC. J8T-2W2

We already have a reservation for 6.30PM on May 2nd

Evening wear mandatory for all

For "SKC" black belts Jacket and WSKF Badges and tie

Grey pants for man and Grey Skirt for woman

Limited places please reserve early

*Regarding persons from outside the region, if you wish to use the Dojo
(Larouche Karate, Shitoryu Karate Quebec Honbu Dojo) facilities overnight, please bring your sleeping bags and
towels. Restaurants and Shopping Centres are at a short distance from the Dojo.*

Please make your reservations as soon as possible.

SENSEI Claude Larouche 819-568-4545



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For those who wants to reserve the hotels;

Motel Adam

Adress 100 Blv. Gréber, Gatineau, Québec J8T-3R1

Reservation Téléphone : 1800-757-2326

www.moteladams.com

Comfort Inn

630 Blv. LaGappe, Gatineau Québec J8T-7S8

Reservation Téléphone 1800-267-3837

www.choicehotels.ca/cn325

Hotel V

585, BOUL. LA GAPPE, GATINEAU, Québec

Reservation Telephone 1800 926.6489

<http://hotelv.ca/>